THE VILLAGE
at Germantown
A METHODIST HEALTHCARE AFFILIATE

THE VILLAGE VIEW

Monthly Newsletter

7820 Walking Horse Circle • Germantown, TN 38138 • (901) 752-2500

November 2026

A Letter From Our CEO

Last month, The Village at Germantown celebrated its annual Active Aging Week. Did you know that Active Aging Week is not just a Village tradition, but an international event? In 2026, more than 5,000 organizations worldwide were expected to participate in Active Aging Week, and the event was projected to reach more than one million people.

At The Village, we take this celebration seriously! Each year, our team puts together an impressive lineup of activities and events, and this year's celebration was no exception. With a schedule packed full of activities and terrific resident participation, we ended up with a mountain of photographs capturing the fun, fellowship, and energy of the week.

Thank you to everyone who participated in the activities, helped organize events, or otherwise contributed to making this year's Active Aging Week such a success. I hope these photographs bring a smile to your face and remind you of what makes life at The Village so special.

Mike



Our Wellness team that sponsors Active Aging Week every year! Pictured left to right: Melissa Rukstad, Michelle Bond, & Amber McAlister



Our 2026 Active Aging Week group photo (full photo on the back)



Sue H. Williams, Ron Perel, and Etta Browder during our version of an "Oregon Trail" walk

A Jewish Perspective

Judaism has a rich tradition of storytelling. The Kabbalah has references to demons, dybbuks, golems, and ghosts. Many Jews believed in them in the 16th and 17th centuries. These stories speak to universal anxieties about death and justice, ensuring their persistence and lasting fascination. In Judaism, the supernatural has been neither fully dismissed nor wholly embraced.

Perhaps the most well-known example of this phenomenon is that of the Golem, a humanoid figure crafted from lifeless matter. In the ancient city of Prague, it was very difficult for the Jewish people. Soldiers attacked the Jewish community every night. The classic story tells how Rabbi Judah Loew of Prague (1525-1609) created the Golem to defend the Jewish community from anti-Semitic attacks. He made a giant man of mud and whispered mystical incantations. "Rise," he said to the creature. "Now go out and protect the Jewish people." But eventually, the Golem grew fearsome and violent, and Rabbi Loew was forced to destroy it. In later centuries, the legend of the Golem spread through Hebrew, Yiddish, and German folklore, as a story of deliverance but also a cautionary tale about unchecked power.

Marcia Levy

More Active Aging Photos



Carole Bond during the whiskey tasting



Jeremie Skinner, Human Resources Manager, with contestant Carolyn Tyler during our Family Feud game





Norma Smith posing in front of the Baseball themed Wellness display



Sue H. Williams and Rose Marie Campbell petting the tortoise that the Memphis Zoo brought from their "Zoo To You" program.



Art Schaufler and Tom Day at our "Party Like It's 1776 Party"

Step Outside and Get Moving!

With cooler temperatures and beautiful fall weather upon us, now is the perfect time to enjoy a walk outdoors! Walking is one of the best exercises you can do for your overall health. This simple, low-impact activity helps strengthen your heart, improve circulation, maintain muscle strength, and support balance and mobility. Regular walking can also boost your mood, reduce stress, and improve sleep quality. One of the best things about walking is that it doesn't require special equipment or intense effort to be beneficial. Even short, consistent walks can make a meaningful difference in your long-term health and independence. Whether you're taking a stroll around campus, enjoying the changing leaves, or walking with a friend, every step counts! Take advantage of the beautiful fall weather and make walking a part of your daily routine.



Pat Paul, Rachel Shankman, Margie Steinberg, & Ian Frankfort from the Alzheimer's Walk 2025

Veterans Day





Walter Howard, Navy

Chaplain's Corner

November. What comes to your mind? Probably the holiday called "Thanksgiving!" We gather around a feast of delicious food as we are surrounded by the people whom we love dearly. We bow our heads to acknowledge the goodness of God in all His many provisions for us. I think many of us would say it's one of our favorite celebrations.

If I were King (and I'm not!), I would place the Thanksgiving holiday in a different month every year. I would hide it in the calendar and invite children to find it in February, May, August, etc. My goal would be to teach young minds that a thankful heart is appropriate all the time, not just November.

As you prepare for Thanksgiving this month, say a prayer that God would give you a spirit of gratitude all year long. After all, He blesses us each of the 12 months, not just 1.

As the psalmist said,

"Give thanks to Him; bless His name! For the Lord is good; His steadfast love endures forever." Psalm 100:4-5

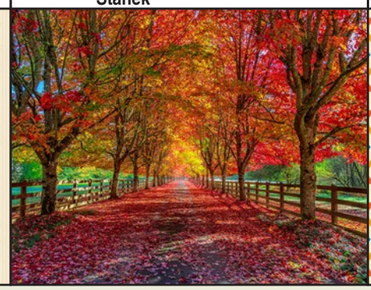
Chaplain Spink



THE VILLAGE
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November 2026

TH Theatre · CR Card Room · PL Polo Lounge · AU Auditorium · MD Monarch
AE Aerobics Room · VP Village Pool · LI Library · CA Cafe · BR Billiards Room
AR Activity Room · WC Wellness Clinic · GL Grand Lobby · MP Multipurpose Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Ends (Fall Back) 1 11:30 MD Sunday Brunch 1:30 TH Movie “Chicago” 7:00 TH Movie “Concussion”	2 9:30 AE Tai Chi Video 10:30 AU The Village Choir 11:00 AE Light Aerobics 12:00 AE Gentle Yoga 1:00 MP Open Painting Session 1:00 CR Rummikub 1:00 VP Water Aerobics 2:00 AE Total Body Circuit **3:00 AU Celebration of Life Honoring Our Residents from Oct. 2025-Oct. 2026** **4:00 PL Margarita Monday!** **7:00 AU BINGO!**	3 **8:30 WC Podiatry Services** 9:00 CR Man2Man Coffee & Devotional with Chaplain Spink 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AE Core Class 11:00 CR Heart2Heart Women’s Devotional 1:00 CR Poker 1:00 PL Samba Card Game 2:00 AE Total Body Circuit 3:00 AU Golden Oldies 4:00 Putt Putt Golf - Putting Green **5:00 AU Monthly Birthday Party**	4 9:30 AE Tai Chi Video 10:30 AE Line Dancing 12:00 PL Dominoes 2:00 LI Creative Needle Arts 2:00 AE Strength Class 3:00 CR BUNCO **7:00 TH Movie “Practical Magic 2" (New!)**	5 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AU Bible Study with Chaplain Spink 12:00 AE Gentle Yoga 1:00 PL Hand & Foot Canasta 2:00 AE Mobility Class 3:00 AU Drama Club 4:15 PL Trivia with Bud Demetriou	**National Jersey Day** 6 9:30 AE Tai Chi Video 10:00 CR Holy Catholic Communion led by Holy Spirit Church 11:00 TH Curiosity University 12:00 AE Core Plus 2:00 AE Mobility Plus 3:00 BR Pool & Billiards **7:00 AU Friday Night Entertainment “Rob Haynes”**	7 **8:00 GL Depart for Walk To End Alzheimer’s** 1:00 PL Rummikub **2:30 PL Football In The Polo Lounge!** **7:00 AU Community Worship Service Led by Chaplain Spink** 7:00 TH Movie “Forrest Gump”
8 11:30 MD Sunday Brunch 1:30 TH Movie “Cabaret” **6:00 CR Vespers Service Led by Jerry Roberts**	9 9:30 AE Tai Chi Video 10:30 AU The Village Choir 11:00 AE Light Aerobics 12:00 AE Gentle Yoga 1:00 MP Open Painting Session 1:00 CR Rummikub 1:00 VP Water Aerobics 2:00 AE Total Body Circuit **7:00 TH Documentary “Sitting Bull”**	10 9:00 CR Man2Man Coffee & Devotional with Chaplain Spink 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AE Core Class 11:00 CR Heart2Heart Women’s Devotional 1:00 CR Poker 1:00 CR Rummikub 1:00 PL Samba Card Game 2:00 AE Total Body Circuit 3:00 AU Golden Oldies 4:00 Putt Putt Golf - Putting Green 7:00 TH Movie “Saving Private Ryan”	**Veterans Day** 11 9:30 AE Tai Chi Video 10:30 AE Line Dancing **11:00 AU Veterans Day Luncheon (Sign-Up Required)** 12:00 PL Dominoes 2:00 LI Creative Needle Arts 2:00 AE Strength Class 3:00 CR BUNCO 7:00 TH Movie “The Greatest Showman”	12 **9:30 GL Tour of Chickasaw State Park & Lunch at the Chickasaw Country Store** 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AU Bible Study with Chaplain Spink 12:00 AE Gentle Yoga **1:00 AU Guest Speaker Rabbi Ross Levy, “History of Jews in America”** 1:00 PL Hand & Foot Canasta 2:00 AE Mobility Class 3:00 AU Drama Club 4:15 PL Trivia with Bud Demetriou	13 **8:30 CA The Village Breakfast** 9:30 AE Tai Chi Video 10:00 CR Holy Catholic Communion led by Holy Spirit Church 11:00 TH Curiosity University 12:00 AE Core Plus 2:00 AE Mobility Plus 3:00 BR Pool & Billiards 7:00 TH Movie “Grumpy Old Men”	14 1:00 PL Rummikub **2:30 PL Football In The Polo Lounge!** 7:00 TH Movie “Castaway”
15 11:30 MD Sunday Brunch 1:30 TH Movie “Cats” **5:00 AU Wellspring Community Church Game Night** 7:00 TH Movie “The Prestige”	16 9:30 AE Tai Chi Video 10:30 AU The Village Choir 11:00 AE Light Aerobics 12:00 AE Gentle Yoga 1:00 MP Open Painting Session 1:00 CR Rummikub 1:00 VP Water Aerobics 2:00 AE Total Body Circuit **3:00 AR Brain Joggers**	17 9:00 CR Man2Man Coffee & Devotional with Chaplain Spink 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AE Core Class 11:00 CR Heart2Heart Women’s Devotional 1:00 CR Poker 1:00 CR Rummikub 1:00 PL Samba Card Game 2:00 AE Total Body Circuit 3:00 AU Golden Oldies 4:00 Putt Putt Golf - Putting Green 7:00 TH Movie “Blazing Saddles”	18 9:30 AE Tai Chi Video 10:30 AE Line Dancing 12:00 PL Dominoes 2:00 LI Creative Needle Arts 2:00 AE Strength Class 3:00 CR BUNCO **7:00 TH Movie “Coyote vs Acme” (New!)**	19 9:30 VP Water Aerobics **9:45 GL Depart for the Sultana Museum & Lunch at the Shake Shack** 10:00 AE Zumba Gold 11:00 AU Bible Study with Chaplain Spink **11:30 Military Officers Association of America** 12:00 AE Gentle Yoga **1:00 AR “Crafternoon”** 1:00 PL Hand & Foot Canasta 2:00 AE Mobility Class 3:00 AU Drama Club 4:15 PL Trivia with Bud Demetriou	20 9:30 AE Tai Chi Video **10:00 LI Book Club** 10:00 CR Holy Catholic Communion led by Holy Spirit Church 11:00 TH Curiosity University 12:00 AE Core Plus 2:00 AE Mobility Plus 3:00 BR Pool & Billiards **7:00 AU Friday Night Entertainment “Banddog”**	21 1:00 PL Rummikub **2:30 PL Football In The Polo Lounge!** **7:00 AU Community Worship Service Led by Nate Smith** 7:00 TH Movie “Planes, Trains, & Automobiles”
22 11:30 MD Sunday Brunch 1:30 TH Movie “Victoria & Abdul” **6:00 CR Vespers Service Led by Jim Eoff**	23 9:30 AE Tai Chi Video 10:30 AU The Village Choir 11:00 AE Light Aerobics 12:00 AE Gentle Yoga 1:00 MP Open Painting Session 1:00 CR Rummikub 1:00 VP Water Aerobics 2:00 AE Total Body Circuit **7:00 TH Movie “Such Good Friends”**	24 9:00 CR Man2Man Coffee & Devotional with Chaplain Spink **9:30 GL Depart for Civil Rights Museum & Lunch at Rendezvous** 9:30 VP Water Aerobics 10:00 AE Zumba Gold 11:00 AE Core Class 11:00 CR Heart2Heart Women’s Devotional 1:00 CR Poker 1:00 PL Samba Card Game 2:00 AE Total Body Circuit 3:00 AU Golden Oldies 4:00 Putt Putt Golf - Putting Green 7:00 TH Movie “The Green Mile”	25 9:30 AE Tai Chi Video 10:30 AE Line Dancing 12:00 PL Dominoes 2:00 LI Creative Needle Arts 2:00 AE Strength Class **2:00 AU Thanksgiving Eve Program** 3:00 CR BUNCO **7:00 TH Movie “The Devil Wears Prada 2" (2nd showing)**	**Thanksgiving** 26 1:00 PL Hand & Foot Canasta **2:00 TH Movie “It’s A Wonderful Life”** 4:15 PL Trivia with Bud Demetriou	27 ***8:30 CA No Village Breakfast*** 9:30 AE Tai Chi Video 10:00 CR Holy Catholic Communion led by Holy Spirit Church 11:00 TH Curiosity University *Cancelled 12:00 AE Core Plus 2:00 AE Mobility Plus 3:00 BR Pool & Billiards **7:00 AU Friday Night Entertainment “Tim Stanek”**	28 1:00 PL Rummikub **2:30 PL Football In The Polo Lounge!** **3:00 AU 100th Birthday for Bob Kelly** 7:00 TH Movie “The Best Little Whorehouse in Texas”
29 11:30 MD Sunday Brunch 1:30 TH Movie “A Very Vintage Christmas”	30 9:30 AE Tai Chi Video 10:30 AU The Village Choir 11:00 AE Light Aerobics 12:00 AE Gentle Yoga 1:00 MP Open Painting Session 1:00 CR Rummikub 1:00 VP Water Aerobics 2:00 AE Total Body Circuit					

Calendar of Events

Oklahoma Baptist University Marching Band

We recently had the pleasure of welcoming a talented group of college students and musicians from Oklahoma Baptist University! They entertained our residents with a fun mix of favorites, including "9 to 5," an Elvis medley, and, of course, "Oklahoma!" Several students shared their impressive academic pursuits, including double and triple majors, while enjoying time getting to know our residents. The afternoon was filled with nostalgia as familiar college fight songs sparked fond memories and stories of days gone by. It was a wonderful opportunity for generations to connect through music, laughter, and shared experiences!



Doris Foree with some of the band



Mike Craft, CEO of the Village at Germantown, and Michael Slaughter, alumni & worship pastor at Kirby Woods Baptist Church, riding around with some of the band

November Birthdays

Nov 3	Kathy Schulz
Nov 4	William Dulaney
Nov 4	Rosemarie Foley
Nov 4	Penny McDowell
Nov 4	Mary Olinger
Nov 6	Bryant McCarley
Nov 6	Dr. Douglas Tai
Nov 8	Bill Carr
Nov 8	Doris Foree
Nov 8	Lynn Huggins
Nov 11	Vivian Kendall
Nov 14	Martha Corlew
Nov 14	Shari Greene
Nov 14	Jerry Klein
Nov 15	Shirley Cotton
Nov 18	Sarah Long
Nov 19	Margie Snetman
Nov 20	Rose Rubin
Nov 23	David Leake
Nov 23	Martha O'Neill
Nov 24	Dr. John Sharpe
Nov 25	Dr. Emily Hak
Nov 27	Marie Carlson



November Upcoming Events

1	Daylight Saving Time Ends (Fall Back)
2	Celebration of Life Service for Residents Who Have Passed in the Last Year
6	National Jersey Day
6	Friday Night Entertainment "Rob Haynes"
7	Walk To End Alzheimer's
11	Veterans Day Luncheon
12	Guest Speaker Rabbi Ross Levy, History of Jews in America
15	Wellspring Community Church Game Night
20	Friday Night Entertainment, "Banddog"
25	Thanksgiving Eve Program
26	Thanksgiving Day
27	Friday Night Entertainment "Tim Stanek"
28	100th Birthday Party for Bob Kelly



Healthcare Happenings



Our Vice President of Healthcare, Kirk Pafford, joined residents in celebrating Assisted Living Week.



Our September Celebrant, Fran Cuthbertson, was all smiles as we celebrated her special day!

> Smile, what's the use of crying? You'll find that life is still worthwhile, if you just smile.
>
> NAT KING COLE
> *SMILE*



Puzzle Warriors Shirley Sanders, Dorothy Fidler, Shirley McGee, and Harolyn Joyner worked together to complete their puzzle with determination and teamwork.



Celebrating Assisted Living Week with smiles, laughter, and special moments!



Jeanne Shields posing in front of the Wellness Department's "baseball" themed Active Aging display

Meet Your New Neighbors!



Meet Ann King! Ann and her late husband traveled extensively throughout the world and were both trained in scuba diving. She enjoys playing bridge and would also like to learn Mahjong. Please help us give Ann King a warm welcome as she settles into the Village!

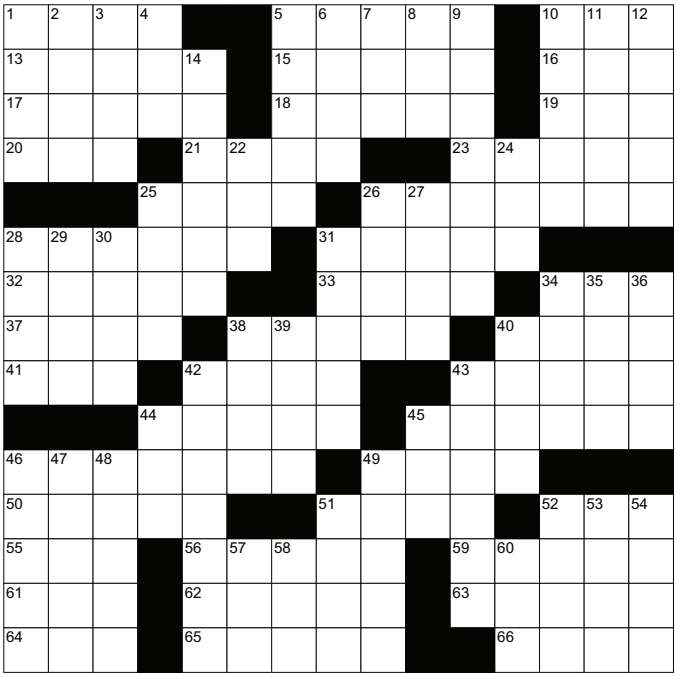


Meet Clyde and GaNelle Ballard! GaNelle is a University of Alabama graduate with a BS in education and spent her career as a high school English teacher. She also worked as a real estate broker for 49 years. GaNelle enjoys floral design, painting, and decorating and has been active in several garden clubs and community organizations over the years. Clyde is a small business owner who enjoys playing golf and has volunteered with numerous golf tournaments. We are so excited to welcome Clyde and GaNelle to The Village!



Active Aging 2026 Full Group Photo

Crossword Puzzle



ACROSS

1. As well as
5. Chest
10. Digital audio tape
13. Black and white animal
15. Bird's "thumb"
16. Flightless bird
17. Double agents
18. Dogma
19. Metal fastener
20. Eastern Time
21. Scat!
23. Cut of beef
25. Dime
26. Airman
28. Sorcerer
31. Tine
32. Scorched
33. Acting (abbr.)
34. Mr.'s wife
37. Camper's dwelling
38. Computer memory enhancer
40. Get together
41. A group of languages spoken in SE Asia, including Shan
42. Dice
43. Southern Thailand's Peninsula
44. German engraver Albrecht
45. Common plastic container for liquids
46. Wished for
49. Hole or groove in a mold to allow air or gases to escape during molding operation
50. Do very well
51. To quote
52. Compass point
55. Rainy mo.
56. Incite (2 wds.)
59. Juvenile
61. Seafood
62. Full of swamp grass
63. Small bunch of flowers
64. Compass point
65. Creep away
66. Bests

DOWN

1. Recess
2. What dogs sit on
3. Annoyance
4. Poem
5. Twirler's tool
6. Tub spread
7. Heat giver
8. Bullfight cheer
9. Process of rendering a polished surface uniformly dull
10. Storage
11. Type of acid
12. Radio set
14. Harmonize
22. Lurked
24. Common plastic container for waste material
25. Process of pouring liquid plastic into a mold
26. Curve
27. Make a choice
28. Power unit
29. Whim
30. A member of a Native American tribe of New Mexico and Arizona
31. Horse that paces
34. Extrusion material when heated to a molten plastic condition
35. Authentic
36. Eye infection
38. Technique of cross lining a plastic material
39. Bedroom furniture (2 wds.)
40. Actor _____ Damon
42. Hair rollers
43. Funds
44. Component on a plastic extender affixed to the extractor head
45. Wager
46. Honeys
47. Big exhibits
48. Grooved rotating element inside the extruder
49. Generic term for one or more compounds that make up plastic
51. Musical repeat
52. European monetary unit
53. Prune
54. Omelet ingredient
57. Obtain
58. "To the right!"
60. Choose



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